**Physical Education and Health Teacher**

I began teaching Physical Education in 1993 after graduating from Texas Southern University where I played basketball from 1987-1989. This is my first year Jack Yates High School.  I have taught at several schools within HISD for the past 31 years. I love helping young people learn about the benefits of health and exercise including eating healthy, building strong bodies, having fun, and working together! I love spending time with my wife Bahiyyah and three children, Tori, Jade, and Jannah, as well as golfing, boating and vacationing.